

## Kinderview Children's Day Nursery: Menu Spring Week 1

### FOOD ALLERGIES AND INTOLERANCES

Please ask a member of staff if you require information on the ingredients in the food we serve.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal/toast fruit juice/milk	Cereal/toast/ fruit juice/milk	Cereal/toast/ fruit juice/milk	Cereal/toast/ fruit juice/milk	Cereal/toast/ fruit juice/milk
<b>Snack</b>	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal Fruit
<b>Lunch</b>	Roast chicken dinner with spring vegetables Fruit crumble with custard	Ham and tomato pasta bake  Fresh fruit salad	Chilli and rice  Fruit jelly and ice cream	Macaroni and cauliflower cheese  Chocolate sponge with custard	Fish pie and vegetables  Strawberry mousse
<b>Snack</b>	Fruit	Fruit	Fruit	Fruit	Fruit
<b>Light Tea</b>	Tuna and sweetcorn sandwich  Yoghurt	Cream cheese and red pepper whirls  Homemade biscuit	Cheese and crackers  Banana and mango mousse	Liver Pate, salad, crusty bread  Semolina with fruity low sugar jam	Children's choice pizza  Cupcake (both made by the children)

**Water is always available all day in the rooms for children to freely access when thirsty.**

**All dietary requirements fully catered for.**

